

HOUSEHOLD EMERGENCY PLAN

IF YOU OR YOUR PROPERTY ARE IN IMMEDIATE DANGER CALL 999

If a major emergency happens it may be some time before help arrives.

It's very important that you and your family get together to prepare.

- Agree a plan in advance with those in your home.
- Complete this template together and keep it safe in case you need to use it.

If the emergency means it is not safe to go out, the advice is usually to:

- GO IN** Go indoors and close all windows and doors
- STAY IN** Stay indoors
- TUNE IN** Tune in to local radio, TV or the Internet, where public information and advice from the emergency responders will be broadcast

North Sound 1: 96.9 FM North Sound 2: 1035 kHz
BBC Radio Scotland : 92 - 95 FM, 810 MW
Original 106: 106.3 - 106.8 FM
(Broadcasts locally in Aberdeen, but not on DAB)

These stations are also broadcast on-line, on Smartphone applications, and via DAB [Digital Audio Broadcasting] or Digital Radio. Use your car radio if you can't get a signal in your house. Remember your internet and landline will not work in a power cut. Consider getting a cheap conventional plug-in phone which doesn't need mains power.

If you have to leave your home, get out, stay out, and take others with you.

Think of two meeting places, one near home and one further away, in case you can't get home:

Meeting Place 1 (Near Home)

Location:

Meeting Place 2 (Further Away)

Location:

Pick someone to call who lives out of the area, to say you're OK, or where you could meet.

Friend or Relative to call to let people know that you're OK

Name:

Tel:

If it is safe to do so you should check on your neighbours and vulnerable people living close by. Have a think about who they are in advance:

Name:

Address:

Tel:

Name:

Address:

Tel:

Name:

Address:

Tel:

Important Telephone Numbers:

Emergency Services : 999	Police – non-emergency : 101	NHS 24 : 111
Gas	National Gas Emergency Service	0800 111 999
Electricity	Scottish & Southern Energy Emergency Contact Centre	0800 300 999
Water & Sewage	Scottish Water Customer Helpline	0800 0778 778

If you smell gas, think you have a gas **leak**, or are worried that fumes containing **carbon monoxide** are escaping from a gas appliance, please **call the Gas Emergency Services emergency line** immediately on **0800 111 999**.

- Also:** Open all doors and windows to ventilate the property.
 Do not turn on/off any electrical switches.
 Extinguish all naked flames, do not smoke, strike matches or do anything which could cause ignition.
 If there are any electrical security entry phones/locks, please open door manually.

Your important numbers:

Schools/Colleges:	Carers/Childminder:
Work Contact:	Vet:
Doctor:	Plumber:
Gas Supplier:	Electrician:
Gas Boiler Breakdown:	Electricity Supplier:
House Insurance:	Other:

Have an Emergency Kit ready

Whether you have to stay in or get out, packing a small Emergency Kit will help you get through. Keep it in a safe place at home where you can reach it easily. Your kit should be kept in a waterproof bag. If possible include:

- ✓ Battery radio and torch with spare batteries, or a wind up radio and torch
- ✓ First aid kit, details of essential medicines, if possible include some essential medicines
- ✓ Important documents e.g. Birth Certificates, Passports, Insurance policies
- ✓ Bottled water and ready-to-eat food that won't go off, pack enough for at least 3 days, plus can opener
- ✓ Spare keys to your home and car
- ✓ Toiletries and toilet paper
- ✓ Spare glasses or contact lenses
- ✓ Pencil & paper, penknife, whistle
- ✓ Pet food and pet carrier

If you have to leave your home, plan to take the following *but* only if there is time to gather them safely:

- ✓ Essential medicines
- ✓ Mobile phone and charger
- ✓ Cash and credit cards
- ✓ Spare clothes and blankets
- ✓ Pets
- ✓ Games, books, a child's special toy

For further advice on being prepared for emergencies see www.readyscotland.org More information and advice on flooding, including how to sign up to receive flood warnings direct to your phone, can be found on the Scottish Environmental Protection Agency website: www.sepa.org.uk The latest information on the weather and warnings of severe weather can be accessed by downloading the Met Office Weather App. Available on Android, iPhone, Windows Phone 8 and Kindle tablet at www.metoffice.gov.uk/mobile